

Seasons in My Garden Supply List

The Supply List below is for all four seasons – summer, fall, winter and spring. To avoid a huge thread bill, I have tried to use the same thread colors from one season to another, but doing so without compromising the finished product. The exact thread colors are listed in the table below. It isn't necessary to use these colors – they can be used for reference only but are available for those wishing to use the exact colors.

Looking at the threads I used can be a bit daunting for those of you that don't have an arsenal of threads. So let's simplify the thread needed for the project. I chose 10 shades of olive from pale olive to a very dark olive. I kept the 10 colors in the same "color family". The same was true of the "brown family" - the thread colors ranged from crème to a dark brown. So before you rush off to purchase thread, take a look at your own stash. Maybe you have a "color family" of different greens and browns that will work just as well. Most importantly keep the threads complementary to each other.

Flower colors and variegated threads can be any color you wish – just try and keep them color consistent with the season. Threads specific for each part of the design are listed in the PDF instructions for each season.

Thread Chart for the Four Seasons

All threads are Isacord numbers unless otherwise indicated (S-Superior, M-Mettler)

Brown/taupe/tan	Olive green	Gray	Flowers	Variegated
0945 – medium brown	0465 – dark, dark olive	4073 – dark gray	2520 – dark pink	Superior 847 - orchid
0776 – dark taupe	0345 – dark olive	0142 – light gray	1430 – med coral	Superior 9976 - olive
0873 – light taupe	5944 – med dark olive		1913 – med red	Mettler 9925 –yellow
1252 – light rust	5933 – medium olive		1312 – red/rust	Mettler 934 - orange
0853 – medium tan	5822 – med light olive		0931 – med rust	
0870 – pale tan	6051 – light olive		0821 – dark gold	
	0442 – dark yellow olive		2711 – dark purple	
	6133 – med yellow olive		0713 – brt yellow	
	0230 – light yellow olive		0270 – pale yellow	
	6151 – pale yellow			

Notions

- 6" wooden, plastic or spring machine embroidery hoop (*screw hoop available for sale online*)
- Basic sewing supplies – scissors, 80/12 machine needles, tweezers, etc.
- Sewing machine
Please know how your machine works and make sure it is in good working order before the workshop. For thread painting you will need to know how to drop the feed dogs, how to adjust your machine for free-motion, how to change the upper tension and where to change the width on the zigzag stitch. If you are unsure of these machine adjustments, please check with your machine dealer before class. A solid sewing platform is recommended. You will need a zigzag throat plate.
- **Open** toe free motion foot such as #24 for Bernina. It is important to see what you are stitching and where the next stitches are going so select the best foot you can for visibility. Visibility on machines with a clear oval plastic foot is practically zero. Cutting away between the two red lines on this type foot works on most machines. Check with your machine dealer for optional open toe free motion feet to fit your machine.
- Black permanent ultra fine point marker or a black Micron Pigma pen
- Embroidery or extra bobbin case (if you have one) – use this one to adjust the bobbin tension if you have any bobbin problems.

Fabric & Stabilizers –*Items to purchase if you don't order the Project Kit below*

- **Background fabric** – (4) 10" x 10" pieces of neutral light colored fabric, such as a crème or white Kona cotton or light tone on tone fabric.

- **Clear water-soluble stabilizer *film*** – (4) 10" x 10" pieces such as Superior's 4X Dissolve, Badge Master by OESD or Super Solvy – these products are clear. The design to thread paint is drawn on the clear stabilizer.
- **Water soluble stabilizer *backing*** - (4) 10" x 10" pieces such as Aqua Mesh by OESD or Aqua Magic by Pfaff – looks and feels like fabric but washes away when the project is complete

NOTE: Many of you may not be familiar with stabilizers. To keep the cost of the workshop to a minimum you can purchase the ***Seasons in my Garden - Project Kit*** listed below. The kit includes everything to thread paint all 4 designs but the thread. The price listed is a discounted price. Once you register for the workshop, you will have the opportunity to purchase the kit.

Seasons in My Garden – Thread Painting Project Kit - \$18.95 (plus shipping)

Kit Includes:

- (4) 10" x 10" pieces of crème Kona cotton background fabric
- (4) 10" x 10" pieces of OESD Aqua Mesh water soluble stabilizer *backing*
- (4) 10" x 10" pieces of water soluble stabilizer film
- 6" wooden machine embroidery hoop
- *All you need is your thread and you are ready to begin thread painting.*

Seasons in my Garden - Spring Kit without 6" wooden machine embroidery hoop - \$11.75 (plus shipping)

Should you want to purchase your own stabilizers, the following is a list of the stabilizers needed for the workshop and where you can purchase them. Have fun shopping.

Purchasing the Stabilizers Locally -For those that wish to purchase the stabilizer locally here is where and what you will need to purchase:

- Clear water soluble stabilizer *film* can be found at the following:
 - Badge Master – any Bernina store
 - Superior 4X Dissolve – online at www.nancyprince.com or www.superiorthreads.com
 - Super Solvy – most Joann Etc. stores carry it by the yard or in convenient packages
- Water soluble stabilizer *backing* can be found at the following:
 - Aqua Mesh – any Bernina store
 - Aqua Magic – any Pfaff store